

# A Day By Day Guide

## Day by Day Guide for Praying through the New Testament in One Year

As you read each day's passage from the New Testament, spend a few minutes in prayer inspired by the passage and the thoughts below.

**Monday, February 23** – Mark 6:30-56 – As you read about the terrifying boat ride, meditate on what the disciples must have been going through and then think about their trust in Jesus.

**Tuesday, February 24** – Mark 7:1-23 – Ask God what things you are putting into your body and mind that are infecting your spirit negatively. List the big one below and ask Him to give you victory over that today.

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**Wednesday, February 25** – Mark 7:24-8:10 – Talk to God about why He does not answer our prayers immediately, but delays sometimes. Possibly there is more growth needed to handle the answer, possibly there is more self-awareness needed like the woman in the story. List an unanswered prayer below and ask God why – then listen.

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**Thursday, February 26** – Mark 8:11-38 – Are you, like the Pharisees, seeking signs for proof of God in your life? Stop and look around your life and note the God activities for which only He could be responsible. List them below.

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**Friday, February 27** – Mark 9:1-29 – Spend the next few moments praying for the things that only God can change per verse 29. Spend a few moments listening for God's answers in your fleeting thoughts.

**Saturday, February 28** – Mark 9:30-10:12 – As you think about your marriage or significant other, pray for them and for your relationship with them as you face the tough times that come in relationships .

**Sunday, March 1** – Mark 10:13-31 – Journal in the space below what you gave to God to fix, forgive, handle, and miraculously heal. List what you heard from Him this week.

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**February 22, 2009**