

Dig-A-Little-Deeper

Recession-Proof Faith

- Monday** Delayed gratification... because many Americans don't do well in this department they find themselves in an emotional and financial recession. Psalm 40:1 says there will be times when we are in need in which God will not answer our questions or heal our situations right away. Memorize this verse and take it with you as affirmation that time is often needed to see God's answers... and He will answer!
- Tuesday** When we wait on God's answers to our problems or needs, Psalm 40:2-5 promises us that not only will He answer but He will also build a strong foundation into our lives. We will become stronger and our lives will increase in joy and peace. Give God the areas of your life that you are trying to control but that do not seem so controlled – Finances? Relationships? Employment? Parenting? Future?
- Wednesday** Hypocrisy is another way we try to control our lives. Maybe we rely on witty lines to pick up dates or are involved in creating false images of ourselves to make others believe we are something we are not. Some of us are even lying to ourselves and God by pretending to be serious about pursuing a relationship with Him just to look good to others. According to Psalm 40:6, that sham will fall and we will be hurt by it. Psalm 40:7,8 encourages us to seek after God by searching the Bible for practical principles to live by. Commit to seeking His will daily in your life.
- Thursday** Meditate on Psalm 40:9-12 today. God wants us to identify with Him publicly. Are you proud of the fact that God loves you and earnestly helps you in your daily life? Thank Him for His help and then worship Him by telling others about how God guides your life. DAD will be so happy that you are proud of His love and help in your life and He will bless you... just like you would desire to bless your children when they take pride in your assistance.
- Friday** Pray Psalm 40:13-17 back to God just like the writer does. Ask Him for help and then listen for His guidance in your heart. What does your heart tell you to do today concerning your trials? Maybe it is to continue to wait patiently. Maybe it is to repent of false action. Maybe it is to move forward in a way that is supported by the Word of God. He will guide you if you trust Him and His Word! Take some time to listen to Him.
- Saturday** Find a few moments of solitude today where it is just you and God. Can you get somewhere where you can freely talk out loud, undisturbed? Choose to do so and yell, talk, or sing to God. Simply be with Him until He says you can go. Worship, listen, complain, and/or laugh with Him – just be with Him!

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