

Outline

Love Affair

How to Have An Affair

Point# Content

1 **Extra-Marital Affairs are the result of a long path rather than impulsiveness.**

“Enjoy the wife/husband you married – Don’t ever quit taking delight in her/his body. Never take her/him for granted!” Proverbs 5:17-19 TM

“Why be captivated by an adulterer? Why embrace the bosom of another man’s wife?” Proverbs 5:20 NIV

“Death is the reward of an undisciplined life; your foolish decisions trap you in a dead end.” Proverbs 5:22 TM

2 **4 Easy Steps to Have an Affair.**

Convince yourself that it will not happen to you.

Repeat this as a mantra and look in disdain at those who have had affairs.

Put your marriage in cruise control because of love, being a Christian, etc.

Become apathetic in the success of your marriage and establish routine predictability to life.

Know that you won’t have one because you have had kids, life is too busy, work is overwhelming.

Allow marital drift to happen where both go in separate directions and seem to live separate lives.

Cultivate the relationship with the 3rd Party.

Marriage does not kill the “attraction” gene.

You will “click” with members of the opposite sex at work, in the neighborhood, at American Family Fitness, at soccer practice, at church.

When you “click,” cultivate the relationship by:

Talking intimately with them about life, family, problems, home...

Think relational thoughts: “What would it be like to spend more time with them alone? To hold them? Just innocent thoughts?”

Flirt with them and see how they take it.

Drop hints: “...If I were single-woo!” “Your husband sure is fortunate”

Fantasize about them. Sex, trips to the Caribbean, romantic dinners...

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Compare your spouse to the other party.

Their looks, their walk, their talk, their physique, their reactions, their laughs, their personalities.

Connect by having sex

You simply complete physically what you were doing mentally.

Then pour yourself a good, stiff drink:

To help with the guilt

To help with the rationalization: “It’s no big deal.”; “God wants me to be happy.”; God will forgive me.”

To help with the lies to yourself: “I married the wrong person.”
“I was forced into it.” “I married too young.”

3 The Process to Promiscuity involves pain and loss of character.

“I’ve talked to hundreds of couples who faced adultery. And every single person, eventually, who has committed adultery has come back to me and said this—are you ready?—“Ed, I wish I could go back in time. I wish I could reverse the process.”

Dr. Ed Young, *The Creative Marriage*

4 How to have an affair with your spouse.

Convince yourself that it can happen to you.

“If you think you are standing firm, be careful that you don't fall! No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But **when you are tempted**, he will also provide a way out so that you can stand up under it.” I Corinthians 10:13 NIV

I’m single: this doesn’t apply, does it?

‘Now, getting down to the questions you asked in your letter to me. First, Is it a good thing to have sexual relations? Certainly—but only within a certain context. It's good for a man to have a wife, and for a woman to have a husband.’

I Corinthians 7:1,2 TM

Cultivate your relationship with your spouse.

3rd party private conversations should be surface or all business.

With 3rd parties, always bring your spouse into conversations in a positive way.

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Work hard to have a good friendship with your spouse:

Be curious about what they feel, like, think, do.

Expect to have dry seasons in the relationship.

Take responsibility to avoid marital drift and instill creativity.

Work hard to date each other. Risk flirting with each other.

Be honest with your thoughts and feelings, hurts and disagreements.

Compare your Spouse only to Christ.

Comparing your spouse to another is unrealistic – you see them at their best, without stress, in select times, without zits and warts, nice breath, best foot forward, without mortgage payments, kids, homework.

Adultery looks good on the front side, but leads to more of the same later.

“We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.” II Corinthians 10:5 NIV

Connect with your spouse regularly.

“Connect with your spouse regularly. And that has to do with conversation, it has to do with emotional connection, has to do with physical connection. We’re to connect regularly. We’re to serve one another. We’re to serve one another in all those ways that we could even think of.” Ed Young *The Creative Marriage*

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